



NEWS RELEASE
March 22, 2007

FOR IMMEDIATE RELEASE
Trading Symbol RCR: TSX-V

Rockcliff Continues to Intersect High Grade Zinc-Silver Sulphides

SUDBURY, Ontario. Rockcliff Resources Inc. (RCR: Tier 1 TSX-V) is pleased to announce that surface boreholes at the Zinc Zone continues to intersect massive sulphides rich in zinc and silver. Rockcliff's Zinc Zone is located within its 100% owned Shihan VMS Property located in central Ontario. Drilling continues to determine the overall dimensions of the Zinc Zone.

Highlights of drill intersections from the Zinc Zone are tabulated below, including:

- **4.25 metres grading 7.43% zinc and 3.76 opt silver including 1.8 metres grading 14.50% zinc and 3.65 opt silver**
- **3.50 metres grading 6.01% zinc and 6.53 opt silver including 1.50 metres grading 13.01% zinc and 6.83 opt silver**
- **5.15 metres grading 7.31% zinc and 2.95 opt silver including 2.10 metres grading 11.56% zinc and 4.05 opt silver**
- **2.5 metres grading 17.63% zinc and 4.29 opt silver including 1.75 metres grading 23.73% zinc and 3.59 opt silver**

To date, 22 boreholes have been completed with assay results returned from the first seven boreholes (RS07-01 to RS07-07). Results from boreholes RS07-01 and 02 were reported in Rockcliff's news release dated February 27, 2007. Drilling has identified the Zinc Zone across a strike length of 150 metres and to a maximum vertical depth of 110 metres. The Zinc Zone remains open along strike and to depth.

Highlights of significant Rockcliff borehole assay results are tabulated below. The lengths reported are drill intersected core lengths and do not represent true widths.

Borehole	From (m)	To (m)	Length (m)	Zn %	Ag g/t (opt)	Pb %	Au ppb	Zone
RS07-03	29.00	33.25	4.25	7.43	129 (3.76)	0.22	460	Zinc
includes	30.50	32.30	1.80	14.50	125 (3.65)	0.24	773	Zinc
RS07-04	41.00	44.50	3.50	6.01	224 (6.53)	0.21	400	Zinc
includes	43.00	44.50	1.50	13.01	234 (6.83)	0.30	384	Zinc
RS07-05	35.00	38.35	3.35	2.72	74 (2.16)	0.05	177	Zinc
RS07-06	53.75	64.80	11.05	4.29	121 (3.53)	0.06	362	Zinc
includes	59.00	64.15	5.15	7.31	101 (2.95)	0.05	178	Zinc
includes	62.05	64.15	2.10	11.56	139 (4.05)	0.10	114	Zinc
RS07-07	115.15	117.65	2.50	17.63	147 (4.29)	0.56	458	Zinc
Includes	115.4	117.15	1.75	23.73	123 (3.59)	0.47	209	Zinc

- (m) = metres, % = percent, g/t = grams per tonne, opt = ounces per ton, ppb = parts per billion
- Zn = zinc, Ag = silver, Pb = lead, Au = gold



Additional assay results from completed boreholes (RS07-08 to 22) will be released to the public once the Company receives the results from the assay lab.

The Rockcliff boreholes being reported today are confirmatory in nature and are exploring the general vicinity where boreholes completed in 1980 by Westfield Minerals Ltd. outlined a near surface historical resource of 67,132 tonnes grading 12% zinc and 280 g/t silver. A 43-101 report on the Shihaan property by CCIC Inc. dated November 14, 2006 concluded that the historical resource was not compliant with National Instrument 43-101 and as such should not be relied upon. However, the historical estimate was determined to be relevant to the Company's interest in the property and was most likely reliable based on the information and methods used at the time. They recommended significant additional drilling of the Zinc Zone and along its potential strike and depth extensions to determine the scope of the mineralization.

QA-QC STATEMENT

Peter Wood, P.Eng., P.Geo., VP Exploration of Rockcliff, a qualified person under the definition of National Instrument 43-101, is responsible for the verification and quality assurance of Rockcliff's exploration data and analytical results. Samples of half core are packaged and shipped directly from Rockcliff's field office to Accurassay Laboratories in Thunder Bay, Ontario. Accurassay is a Canadian assay lab accredited by the Standard Council of Canada to ISO/IEC 17025 guidelines for precious metal and base metal analyses and meets all of the requirements outlined for NI 43-101.

Each bagged core sample is dried if necessary, crushed and pulverized to 90% minus 150 mesh and a 250-gram pulp is then prepared for assaying. A 10 g cut is taken from each pulp for base metal and ICP analyses and leached in a multi acid (total) digest and then analyzed for a variety of metals (including copper, lead, silver and zinc) by ICP-AES. Ore grade assays (>5000ppm) are then determined by atomic absorption. Gold concentrations are determined by fire assay using a 1 assay-ton charge followed by an atomic absorption finish. Rockcliff inserted certified blanks and standards in the sample stream to ensure lab integrity.

Ken Lapierre P.Geo., President & CEO of Rockcliff, a qualified person under the definition of National Instrument 43-101, has reviewed and approved the contents of this news release.

Rockcliff Resources Inc.

Rockcliff Resources Inc. is a Canadian resource exploration company focused on the acquisition and development of high-quality mineral assets associated with world class geology and in world class mining camps.

For more information please visit our website at www.rockcliffresources.com or contact Ken Lapierre, P.Geo., President and CEO of Rockcliff Resources Inc. at (705) 688-9800 or at therock@rockcliffresources.com.

Forward Looking Statement:

Some of the statements contained herein may be forward-looking statements which involve known and unknown risks and uncertainties. Without limitation, statements regarding potential mineralization and resources, exploration results, and future plans and objectives of the Company are forward looking statements that involve various risks. The following are important factors that could cause the Company's actual results to differ materially from those expressed or implied by such



forward looking statements: changes in the world wide price of mineral commodities, general market conditions, risks inherent in mineral exploration, risks associated with development, construction and mining operations, the uncertainty of future profitability and the uncertainty of access to additional capital. There can be no assurance that forward-looking statements will prove to be accurate as actual results and future events may differ materially from those anticipated in such statements. Rockcliff undertakes no obligation to update such forward-looking statements if circumstances or management's estimates or opinions should change. The reader is cautioned not to place undue reliance on such forward-looking statements.

The TSX Venture Exchange does not accept responsibility for the adequacy or accuracy of this release.